

## Home Emergency Preparedness List

You can make an emergency preparedness kit for you and your family using these items. These are suggested items. You can modify this list to meet specific needs for your location and personal needs.

<b>General Items</b>	
<b>Item</b>	<b>Status</b>
<b>Water</b> – 1 gallon per day, per person, for 7 - 10 days; water purification tablets, life straws for water filtration	
<b>Food</b> – 3 day supply of non-perishable food per person (Ex: rice, beans, peanut butter, tuna, canned milk, canned meats, canned vegetables, canned fruits, crackers, non-refrigerated juice, dry chicken bouillon, honey, etc.)	
<b>Paper goods</b> - Paper plates, cups, napkins, plastic utensils, paper towels	
<b>Household Items</b>	
Can opener (non electric)	
Battery-powered or hand-cranked radio	
NOAA weather radio	
Flashlight with batteries	
Candles, light sticks or pen light	
Matches, Stormproof Matches (in a waterproof case)	
Extra Batteries (for radios, flashlights and other electronics)	
Whistle (to signal help)	
Duct tape (Gorilla or 100 miles and hour tape) and plastic sheeting/tarp (to shelter in place)	
Wrench / pliers / multipurpose tool (to turn off utilities)	
Local maps	
Cell phone with wall and car chargers	
Sleeping bag / blankets / pillows for each family member	
Fire extinguisher	
Garbage bags	
Sanitary Supplies – bleach (unscented), peroxide, etc.	
Dust mask/Breathing mask	
Lanterns (Battered Powered) / Oil Lamps / Solar Powered Lighting Systems	
Propane or charcoal (if you have a grill)	
Butane Stoves	
Plastic Contractor Bags	
<b>Toiletries / Hygiene Comfort Items</b>	
Moist towelettes (individually wrapped), alcohol swabs, hand sanitizer, Wet-ones (for personal sanitation)	
Toilet tissue	
Feminine hygiene products	
Toothbrush, toothpaste, mouthwash, deodorant, soap, lotions, shampoo, razor, comb, brush, etc.	
Wash clothes, mesh shower bag	

<b>First Aid Items</b>	
First aid kit & guide or manual	
Sterile gloves (latex free)	
Sterile dressings / gauze	
Triple Antibiotic ointment (Neosporin)	
Hydro cortisone	
Burn ointment	
Adhesive bandages	
Icepack	
Eye wash solution	
Thermometer	
Tweezers	
Pain reliever (aspirin or non-aspirin)	
Anti-diarrheal	
Antacid	
Laxative	
Alcohol	
Cotton Balls	
<b>Medical</b>	
Prescription medications (all refills)	
Hearing aids, glasses, contact lenses & solution, syringes, cane, etc.	
<b>Clothing</b> - Clothes, disposable diapers, Ponchos, boots	
<b>Items for Babies/Children</b>	
Infant formula and disposable diapers	
Bottles	
Powdered milk	
Books, games, puzzles, etc.	
<b>Miscellaneous</b>	
Cash (\$10's & \$20's & quarters)	
Spare Keys	
Important Documents - birth certificates, passports, insurance papers, etc.	
Gas cans filled with fuel and/or diesel (red for fuel & yellow for diesel)	
Empty Buckets or water bottles	
Paper Bible	
<b>Pets</b> - food, bowl, collar, leash, ID, etc.	